

Jesus the Risen Lord

Bible Lesson: Jesus the Risen Lord Luke 24:1-48, Acts 1:3-9, 1 Corinthians 15:3-6, 1 Peter 3:22

Main Teaching: Trust God's plan even when things don't make sense

Word Up: Trust God's plan

Supplies:

- Secret Code - Small group
- Recording for "Jesus is the Good News" and "For our Sake" - Worship (Sing About the King 3 CD)
- Optional Song Visual for "Jesus is the Good News" and "For our Sake" – Worship (cefpress.com)
- Word Up Booklet – Word Up (Resource Pack)
- Thin toilet paper, a leaf blower, and a paint roller OR two clear cups, salt and plastic jewels – Object Lesson
- Flashcards for Bible Story "Jesus the Risen Lord" – Bible Lesson 5
- Skit Card – Bible Lesson 5
- 4 cards labeled 1-4, 15 pieces of paper – Review Game
- The Burnhams Flashcard 6– Missionary Story (Resource Pack)
- Quiet Time Guide – Week 5
- Color Sheet – Week 5

Schedule at a Glance (75 min club):

- 15 min – Small Group
- 10 min – Worship / Rules / Word Up
- 10 min – Object Lesson
- 15 min – Bible Lesson
- 10 min – Review Game
- 5 min – Missionary Story
- 10 min – Small Group

INTRODUCTION

Sometimes life is confusing—especially for a child. Think about the different questions children may ask. Why don't my parents love each other? Why did my grandpa have to die? Why did my mom have to go to jail? Today's doctrinal growth Bible lesson shows that Jesus can help you understand things that don't make sense in your life. The two people traveling to Emmaus were confused about the events of the past week. They didn't understand why Jesus had to die or why His body was missing. While the two friends were talking about all that had happened, Jesus showed up and pointed them to Scripture. He helped them understand God's plan before He revealed to them who He was. God can help the children you teach understand His plan too. The Wonder Time teaching leads saved children through four promises found in God's Word. They can hold onto these promises during confusing times in their lives. Encourage them to seek the Lord in every situation and trust Him, even when things don't seem to make sense.



SMALL GROUP

Decode it

For small group today you will need a paper with a secret code on it. Have your small group work together to decode it. When done the secret code should say "Trust God"

The secret code is Trust God! Today at club we are going to learn how we can trust God.

WORSHIP

To learn songs and motions, go to YouTube and type in CEF and the name of the song in the search bar.

“Jesus is the Good News”

“For Our Sake”

RULES

Review the Up Rules reminding the kids that following the rules helps everyone be able to feel safe and learn. If there is a particular rule the children are having trouble with, do a skit to highlight that rule and why it is important.

WORD UP!

“Trust God’s Plan!”

Have you ever thought, Why is this happening? If you know Jesus as your Savior, God wants you to trust Him even when things happen that are hard or don’t make sense. You can trust His Word is true and His ways are best. WORD UP!, **“Trust God’s Plan!”** (Say with children.)

**OBJECT LESSON**

The Lord is my Helper

<https://youtu.be/Mw80FwBpg6k>

Supplies: Thin Toilet paper (two rolls), A leaf blower, and a paint roller

(Tape the paint roller to the leaf blower and set this aside for now.)

(Give one kid a minute to unravel as much of a toilet paper roll as he can.) You did pretty good, but there’s still a lot of toilet paper left on here. That was a pretty tough job, wasn’t it? Sometimes trusting God’s plan seems tough too. Hard things happen to you like losing a friend or missing out on something you really wanted to do. Maybe you feel angry about these hard things in your life. This isn’t how God wants you to feel. In fact God wants you to trust him. When you trust that God has a plan even when things don’t make sense, you will have contentment and joy. If you have believed in Jesus as your Savior, then God has a promise for you. I’m going to read this promise from God’s true book, the Bible. (Read Hebrews 13:6a) Jesus is your helper. Even when trusting God’s plan seems too hard, he will help you. Remember our toilet paper? It was a tough job to unravel it by yourself. When you believe in Jesus, and have him as your helper, it’s like attaching the toilet paper to this leaf blower. He will help you to trust God even when things don’t make sense. WORD UP!, **“Trust God’s Plan!”** (Say with children.) (place a toilet paper roll on the paint roller and turn the leaf blower on. Toilet paper should start flying all over the room. Have the kids help clean up)

Alternative option: If you do not have a leaf blower and paint roller, you could instead use two cups of water, plastic jewels, and salt. Use the illustration that the jewels sink in normal water, but if you add the salt as a helper, they float.

BIBLE LESSON

INTRODUCTION

What a terrible last few days it had been for the disciples! Jesus had suffered a horrible death when He was crucified. Now His body was buried in a sealed tomb. Many had hoped He was the one God promised! Jesus was dead and all hope seemed lost. But was it?

PROGRESSION OF EVENTS

Flashcard 1

It was the third day since Jesus had died, and some very strange things took place that morning. Let's tune into GNC TV to see what happened.

"GNC TV: Is Jesus Alive?" skit

News Reporter: Good afternoon, ladies and gentlemen! This is Jim from GNC TV, coming to you live from Jerusalem in Jesus' day. We've heard of some very strange things happening in the past few days. A man named Jesus was crucified, but rumor has it that now He is alive. I'm here with Mary Magdalene, an eyewitness to some of these strange happenings. (To Mary.) Thank you for being with us today.

Mary: (Barely able to contain excitement.) It's my pleasure. Thank you for having me. I'm just so excited. He's really alive!

News Reporter: You mean Jesus is alive? Tell me more. How do you know?

Mary: Well, early this morning Joanna and a few other women went with me to Jesus' tomb to put spices on His body. But nothing was how we expected it to be.

News Reporter: What do you mean? What did you expect?

Mary: We expected to see a huge stone covering the front of the opening of the tomb. And there were supposed to be soldiers guarding it.

News Reporter: But that's not what you saw?

Mary: No! The stone was rolled away, and the soldiers weren't standing guard like they were supposed to. **News Reporter:** What did you do?

Mary: We went inside the tomb, and it was empty! Jesus' body was gone! And then there were two angels standing in front of us!

News Reporter: Let me get this straight...you saw angels?

Mary: Yes! They said, "Why do you seek the living among the dead? He is not here. He has risen as He said. Remember how He told you that He must be crucified and on the third day rise?" We were so excited we ran to tell the other disciples! Jesus is alive!

News Reporter: And how did the others react?

Mary: Well some of them didn't know what to think. But Peter and John ran to the tomb to see for themselves. And they found it empty just like we said it was. The cloths that Jesus was wrapped in were there. But Jesus'

body wasn't there! It can only mean one thing—Jesus is alive!

News Reporter: Well there you have it, folks. Jesus was dead, but now He is alive. This is Jim from GNC TV. Have a great afternoon.

Jesus had come back to life! Mary and the other women were the first ones to be told that Jesus is alive, but soon others were learning the news.

Two of Jesus' followers were leaving Jerusalem, going back to their village called Emmaus, seven miles away. One of them was named Cleopas but the Bible doesn't tell us the other person's name.

As they walked, they were talking about all that happened in the last few days—about the death of Jesus and the news from the women that the tomb was empty. What could all this mean?

A third man joined Cleopas and his friend and walked with them. Listen to who the Bible says it was, and after I count to three, shout out His name. (Read Luke 24:15-16 then allow response.) It was Jesus! But the two followers were not able to recognize Him.

Jesus asked them what they were talking about.

Flashcard 2

They stopped walking and looked surprised that He didn't know all that had happened in Jerusalem in the last few days. Cleopas was sad as he told the man about Jesus, who had done great things for the people and had taught them wonderful truths of God. But the chief priests and rulers had sentenced Jesus to death and had Him crucified. Cleopas said, (read Luke 24:21a). Cleopas was saying how they had thought Jesus was the Messiah. They hoped He would rescue their country from the Romans and lead Israel to be a great nation. But Jesus died. Why would Jesus die if He was the promised Messiah? Wasn't the Messiah supposed to be the King? How could He save them now that He died on a cross? They had believed Jesus' words but now things didn't make sense.

Sometimes that is also true today for those of us who have believed in Jesus as our Savior. We believe what God's Word says about God and the amazing things He has done, but then something happens to cause us to doubt what we believe. Sometimes we get confused. That might have happened to you. But you can trust God. He will work things out for your good. You might be in the middle of a hard situation in your life and you don't understand how God is working. You might wonder why God lets bad things happen. You might doubt His goodness. But if you have believed in Jesus, you can **trust God's plan even when things don't make sense**. WORD UP!, "**Trust God's Plan!**" (Say with children.) The Bible says, (read Proverbs 3:5). Don't trust only in what you see or how you think things should be. First, trust God and what He says in His true Word. What He says is more true than what you feel or see. There will be times when you may struggle with what you believe.



Cleopas and his friend were struggling with what they believed because things didn't seem to make sense. They were trying to understand why Jesus died and how that fit with what Jesus taught them.

As they continued to walk with Jesus, they also told Him about the interesting things that happened that very morning. They were confused because the tomb was empty, but no one knew what happened to Jesus.

Jesus listened to what Cleopas was sharing with Him, knowing they didn't recognize who He was. As they walked, Jesus helped them understand the prophecies. He explained how everything that happened was part of God's plan.

It was God's plan that the Messiah would suffer and die.



Jesus is the Messiah sent from God to be the Savior of the world. Let's say our memory verse together. Jesus, the promised Messiah, died to make a way for you and me to have a right relationship with God. Ever since the first people sinned, every person has been born wanting to go their own way instead of God's way, even you. You sin when you are selfish, unkind to others, or keep secrets when you know it hurts someone. Sin separates you from God. Even before the first people sinned, God had a plan to make a way for all people to have a right relationship with Him. (Read Romans 5:8.) God showed how much He loves you when He sent Jesus to die for your sins. The only way sinful people can have a right relationship with God is through Jesus, God the Son, who came from Heaven to Earth to take the punishment for the sins of the world. Jesus came as a baby and grew up into a man. He lived a perfect life, always obeying God and never doing anything wrong. Jesus willingly let the soldiers nail Him to the cross where He suffered and died to take the punishment for your sin. He died for you so you can come to God through Him. After Jesus died, He was buried in a tomb. And what did the women find when they went to the tomb on the third day? (Allow response.) The tomb was empty. Jesus had come back to life! God's plan included raising Jesus from the dead.

This was all part of God's perfect plan. Jesus helped the two followers understand that it was necessary for the Messiah to suffer and die, then rise again. He showed them what the Old Testament said about the Promised One. (Read Luke 24:27.)

Can you remember any of the prophecies from the Old Testament that God gave about the coming Savior? (Allow response, then show completed Prophecy Poster.)

It was prophesied that the Savior would be born in Bethlehem. He would ride into Jerusalem on a colt (donkey), heal the sick, and be betrayed for 30 pieces of silver. He would remain silent when accused, and though He was innocent, He would be dishonored, suffer, and die.

Everything that was prophesied about the promised Messiah was coming true in Jesus. And now Jesus was showing these two travelers how He fulfilled these prophecies. They were amazed at God's truth as they listened to Jesus! But they still didn't realize who was talking to them.

Flashcard 3

As they came near to Emmaus, the two friends asked Jesus to stay with them because it was getting late. When Jesus sat down with them for supper, He took the bread, blessed it (prayed), and gave it to them much like He had done with His 12 disciples at the Passover meal. At that moment they realized it was Jesus who had been talking to them! Can you imagine their excitement? Show me your most excited and surprised face. (Allow response.)

How happy they must have been to realize that Jesus truly was alive and that He had walked and talked with them!

Just when they realized it was Jesus, He disappeared right before their eyes. What do you think their faces looked like when Jesus disappeared? (Allow response.) They must have been very amazed! Although it was almost night, they went the seven miles back to Jerusalem to tell their story to the disciples. Do you think they walked or ran back to Jerusalem? (Allow response.) Let's pretend we are running back to Jerusalem. (Do with children.)

They found the disciples and several others gathered together and excitedly told them what had happened.

Flashcard 4

Suddenly Jesus appeared in the room! He didn't come in through a door. He just appeared! The Bible tells us the disciples were very frightened. Could this really be Jesus?! Seeing their fear and doubt, Jesus showed them His hands and feet. What do you think they saw? (Allow response.) They saw the scars where the nails had been. They could touch Jesus. He wasn't a ghost or a spirit. He had a body and could walk, talk, and eat!

Do you think Jesus was angry with the disciples? They had left Him when He was arrested. They hadn't believed He was alive. But Jesus spoke to the disciples in love. He didn't show anger toward any of the men for leaving Him. He wasn't angry at Peter for denying Him. Instead, He spoke kindly to the disciples, showing them how everything that happened was part of God's plan.

Jesus had spoken to the two from Emmaus and now He was speaking to His other followers in the room. He helped them understand the Scriptures and why He had to suffer. The Bible says, (read Luke 24:44-45). As Jesus taught the disciples, they began to understand all that happened. Everything that had happened to Jesus that had made them sad, confused, and frightened was now making sense.

If you have believed in Jesus as your Savior, **trust God's plan even when things don't make sense.**



WORD UP!, “**Trust God's Plan!**” (*Say with children.*) When bad things happen or you are going through a hard time, you might doubt what God says in His Word. What do you do when you don't understand why certain things are happening? You can use the four Rs. **Remember** your relationship with God. God is close to you. He is your friend. You are His child and He loves you very much. **Read** God's Word. And as you read, ask God to use His Word to help you trust Him with what is going on in your life. You can read some of the special promises for God's children, like Romans 8:28. (Read Romans 8:28.) God works out everything in His plan for your good, even the things that don't make sense here and now. It won't always be the way you want but it will always be what is the very best for you according to God's perfect plan. **Rely** on God. He is taking care of you even if you can't see His care in the moment. Part of relying on God, is trusting Him to help you do what is right even when things are hard. This might mean talking to an adult you trust about the hard things in your life. God often uses His people to help us through hard times. The last R is **Rejoice!** You can be glad about what God has done for you in the past, what you see Him doing now, and what you trust Him to do in the future. No matter how hard things are on this Earth, you can know God will make all things new when Jesus comes back someday. When you are with God in His perfect home, you will be able to see the things in your life the way God does and you will understand why you went through the hard time in your life. You can trust God's bigger plan even when things don't make sense.

Jesus taught the disciples about God's bigger plan and now they understood why Jesus had to suffer and die.

Jesus told His followers they were witnesses of all these things—of His death, His resurrection (coming back to life), and how He fulfilled prophecies. He told them to tell others that forgiveness of sins was through Him alone. He commanded them to go into all the world, telling people this Good News. Jesus also promised to send a Helper—God the Holy Spirit—to give His followers the power to obey His commands.

CLIMAX

The disciples rejoiced! They now understood God's plan.

CONCLUSION

In the next 40 days over 500 people saw Jesus alive! After those 40 days, Jesus led His disciples to the Mount of Olives. As He spoke to them, an amazing thing happened. Jesus rose into the sky! Look up like you are watching Jesus rise into the sky. (*Do with children.*)

Flashcard 5

The disciples watched as He disappeared into the clouds. Jesus went back to Heaven! The Bible says this about Jesus. (*Read 1 Peter 3:22.*) Jesus is in Heaven, ruling as King. The prophecies about the Messiah being King are true in a greater way than His disciples had known. Jesus isn't just king of Israel, He is King of the whole world. He has all power over all things. Jesus is alive! The disciples now understood why Jesus had to suffer and die. Now they could go tell others that Jesus is alive and forgiveness of sins can be found in Him. They could trust God's plan!

CHALLENGE

If you have believed in Jesus, trust God's plan even when things don't make sense.



WORD UP!, "**Trust God's Plan!**" (*Say with children.*) There may be times in your life when you are confused because hard things happen and you don't understand what God is doing. You may doubt His goodness or His Word. When that happens, use the four Rs. **Remember** your relationship with God. **Read** God's Word and ask God to use His Word to help you trust Him. You may want to read Romans 8:28 to remember God is working everything out in His plan for your good. (*Read Romans 8:28.*) **Rely** on God to take care of you even when things don't make sense. **Rejoice** for what God has done for you in the past, how He is working now, and how He will continue to help you in the future. Let's say them together. (*Say with children.*) This week if you start doubting God's goodness when things in life are hard, will you remember these four Rs? Come back next time and share with us how God has helped you.

INVITATION

If you have never believed in Jesus, it is important for you to understand that Jesus died and rose again for you. Jesus is the Promised One, sent by God, who came to take the punishment for your sins so you could be forgiven. He loves you and wants to have a relationship with you. The Bible says, (*read John 20:31.*) To believe means to trust completely in what Jesus did for you by dying for your sin and coming back to life. When you believe, God promises you a new life. That means you won't be separated from Him, but you will have a right relationship with God instead. He will be with you always and someday you will live with Him in His perfect home. God the Holy Spirit will be your Helper, working out everything for good in your life. Will you **believe in the name of the Lord Jesus and receive eternal** life today? You can believe right now, where you are sitting. Bow your head and close your eyes. If you want to believe in Jesus today or have questions about what that means, please show me by raising your hand. (*Acknowledge responses.*) If you raised your hand, please meet me (designate time and location) and I will show you from God's Word what it means to believe in Jesus.

**REVIEW GAME****Human Board Game**

Tape pieces of paper on the floor, creating a gameboard. You will probably want to use at least 15 pieces of paper. You can use different colors of construction paper if desired. Have four cards in your hand, labeled one through four. Divide the children into teams and pick a child from each team to be their team's "game piece." (You could also use a leader to represent each team.) Have the children who are playing as the game pieces stand at the beginning of the board. Ask questions, alternating between teams. When a child answers a question correctly, he

gets to pick one of the cards in your hand to determine how far his team will advance on the game board. The first team to reach the end wins.

1. What surprised Mary Magdalene and the other women when they went to the tomb? *(The stone was rolled away, and the tomb was empty; there were angels.)*
2. Who were the two people traveling to Emmaus? *(Two of Jesus' followers; Cleopas and his friend.)*
3. What did many of Jesus' followers think He came to do? *(They thought He would rescue their country from the Romans and lead Israel to be a great nation; they thought He would be their king.)*
4. What are some things that could happen that might cause you to doubt what you believe about God's goodness? *(Answers will vary.)*
5. As they walked, what did Jesus help the two followers understand? *(The prophecies about the Messiah; He explained how everything that happened was part of God's plan.)*
6. After the two followers realized the man they had been talking with was Jesus, what did they do? *(They went back to Jerusalem to tell the other disciples.)*
7. If you have believed in Jesus as your Savior, what should you do when things don't make sense? *(Trust God's plan; remember my relationship with God; read God's Word and ask Him to use it to help me trust Him; rely on God; rejoice in what God has done for me, what He is doing now, and what He will do in the future.)*
8. When Jesus appeared in the room with His disciples, what did He do to prove He wasn't a ghost but had really come back from the dead? *(He showed them the scars on His hands and feet; He let them touch Him; He ate something.)*
9. Before Jesus went back to Heaven, what did He tell His disciples to do? *(Go into all the world, telling people the Good News; tell others that forgiveness of sins was through Him alone.)*
10. What is the only way you can have a right relationship with God? *(By believing in Jesus who took the punishment for my sin.)*
11. According to our memory verse, why did John write about the things He saw Jesus do? *(So anyone who reads it will believe that Jesus is God the Son.)*
12. After 40 days, what happened when Jesus was talking to the disciples? *(He went back to Heaven.)*

MISSIONARY STORY

The Burnhams Part 6 – Challenge



When Martin preached his last sermon at his home church he said, "I wasn't called to be a missionary. I wasn't called to the Philippines. I was just called to follow Christ and that's what I'm doing."

There are many missionaries around the world who have given up their homes, left family, friends, and everything they owned. (Use the visual as a prompt

to discuss what missionary families might give up when they move.) Some missionaries give up all these things and move to places where they could be killed just for telling others about Jesus. Why would they do that? Why would someone give up everything and risk his life?

They do this because they love God most. They love God more than life itself because they know that God is the one who gives life. Jesus died to give them new life that starts when they believe in Him as Savior. This new life never ends. Martin and Gracia loved God enough to give up comfort and safety. They knew following Jesus is what matters most. Because they loved God, Martin and Gracia were willing to give up the comforts of their home, train for life in the jungle, and praise God even when they were held hostage for over a year. They knew what Jesus had done for them and this gave them a "want to" to tell others about Jesus. They used the gifts God had given them to follow Jesus and tell others about Him.

God has a job for you wherever you are. Whether you are at home, at school, or in a dangerous situation**, God can use you and your gifts. God is preparing you now for the things He has for you to do. The Bible says, *(read Ephesians 2:10)*. What about you? Do you love Jesus more than anything? Are you willing to follow Him—no matter what? God gave you special skills and talents for a

reason. Are you willing to use those things to serve God?

He might lead you to the Philippines. He might lead you to China or the Middle East. He might lead you to your hometown. Wherever you are, you can show your love for Jesus by following Him, even when it's not easy.

SMALL GROUP ACTIVITY

Color Sheet and Discussion

Review the Bible Lesson from today as kids color the picture. Talk about how we can trust God's plan for our lives even when things don't make sense.

DISMISSAL

Hand out a Quiet Time Sheet (Week 5 in the Resource Pack) to each child. Encourage them to fill it out and bring it back next week. As children are getting picked up, try and connect with the parents and let them know the kids were challenged to Trust God's plan even when things don't make sense.

Jesus the Risen Lord

This page has been designed for you to photocopy and place in your Bible as a ready reference

Lesson Outline	
I. INTRODUCTION Jesus was dead and all hope seemed lost, but was it?	
II. PROGRESSION OF EVENTS A. Flashcard 5-1 (Luke 24:1-17) 1. "GNC TV": Jesus <i>Aliver</i> skit. 2. Two of Jesus followers were walking home, talking about what had happened in the last few days. 3. Jesus joined them but they didn't recognize Him.	
B. Flashcard 5-2 (Luke 24:18-27) 1. Cleopas told about how Jesus had been crucified; they didn't understand why Jesus had died. • Trust God's plan even when things don't make sense. [Proverbs 3:5] 2. They told Jesus that the tomb was empty, but they didn't know what had happened. 3. Jesus helped them understand the prophecies and that everything was part of God's plan. • Jesus died to make a way for you to have a right relationship with God. [Romans 5:8] 4. Jesus showed these two followers that everything that was prophesied about the Messiah was coming true.	
C. Flashcard 5-3 (Luke 24:28-35) 1. Jesus joined the two friends for supper. 2. They realized it was Jesus! 3. Jesus disappeared and the friends excitedly returned to Jerusalem and told the disciples.	
D. Flashcard 5-4 (Luke 24:36-48; 1 Corinthians 15:3-5) 1. Jesus appeared in the room with the disciples. 2. Jesus helped His disciples understand why He had to suffer. • The 4 Rs: remember, read, rely, and rejoice. [Romans 8:28] 3. Jesus taught the disciples about God's bigger plan so they could understand why Jesus had to suffer and die. 4. Jesus told His disciples to tell others about Him.	
III. CLIMAX The disciples rejoiced! They now understood God's plan.	
IV. CONCLUSION (1 Corinthians 15:6) A. In the next 40 days over 500 people saw Jesus alive! B. Flashcard 5-5 (Acts 1:3-9) The disciples watched as Jesus went back to Heaven. • When life is hard, use the 4 Rs: remember, read, rely, and rejoice. [Romans 8:28] • Jesus is the Promised One who took the punishment for your sin so you can have a relationship with God. [John 20:31]	

Scripture verses in parentheses are background text.
Bracketed verses should be quoted or read from God's Word.

