

Jesus Suffered for Your Sin!

Memory Verse: I Peter 3:18a “For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God.

Main Teaching: Jesus suffered for your sin!

Word Up: Jesus suffered for me!

Supplies:

- Word Up Visual – Word Up (Resource Pack)
- Recording for “One Way” and “Jesus is the Good News” - Worship (Sing About the King 3 CD)
- Optional Song Visuals for “One Way” and “Jesus is the Good News” (cefpress.com)
- Wrinkled shirt, thick towel, iron – Object Lesson
- Memory Verse Visual – Memory Verse (Resource Pack)
- Confession Role Play Cards - Activity
- The Burnhams Visual 3 - Missionary Story (Resource Pack)
- Dirt, water and wet wipes – Small Group / Wonder Time (Resource Pack)
- Memory Verse Token I Peter 3:18 for each child – Dismissal (Resource Pack)

Schedule at a Glance (75 min club):

- 15 min – Small Group
- 10 min – Worship / Rules / Word Up
- 10 min – Object Lesson
- 15 min – Memory Verse
- 10 min – Game
- 5 min – Missionary Story
- 10 min – Small Group Wonder Time



SMALL GROUP

Why Questions

Ask the following questions to the kids in your small group and then ask why? Go around the circle and let every child answer. Be sure and answer the questions yourself too!

What is your:

- Favorite food?
- Any pets? Or pet you wish you had?
- Who’s in your family?
- Favorite color?
- Favorite room or place?
- Favorite activity out of school?
- Favorite activity in school? (Not recess or lunch)
- Favorite smell?
- Favorite ice cream?
- Favorite topping on pizza?
- Where would you like to go/visit?

WORSHIP

To learn songs and motions, go to YouTube and type in CEF and the name of the song in the search bar.

“One Way”

“Jesus is the Good News”

CLUB RULES

Review the Up Rules reminding the kids that following the rules helps everyone be able to feel safe and learn. If there is a particular rule the children are having trouble with, do a skit to highlight that rule and why it is important.



WORD UP!

“Jesus suffered for me”

Have you ever gone through something really hard? Maybe you were really sick with the flu. You had a fever, your stomach was sick and you just felt horrible. When we go through something really hard it is called suffering. Jesus went through something really hard when he was here on earth. He was falsely accused, beaten, whipped and eventually put on a cross to suffer. Jesus gave his perfect blood to take the punishment for your sin. He did that because he loves you. WORD UP! “Jesus suffered for me!”

OBJECT LESSON

Wrinkled Shirt

Supplies: Wrinkled shirt, thick towel to iron on, iron

We just talked a little about how Jesus suffered for us, but what does suffering actually mean? Suffering is when something really hard happens, and you hurt. You could hurt physically, like if you burned your finger and it hurt for a long time until it healed. You could hurt emotionally, like if someone said you were ugly and you felt really bad inside. Suffering is never fun, but do you ever think something good could come out of suffering?

Let's look at this shirt. What is wrong with this shirt? (It is all wrinkled.) It doesn't look very nice, does it? I wouldn't want to wear this shirt. But how do we make it better? We need to iron it. To make the iron work we need to have heat and we need to have pressure. (Start ironing the shirt.) When we suffer, there is heat and pressure. Things are really hard and we don't like suffering. But sometimes through our suffering – something beautiful happens. We come out of suffering stronger. As Christians, God promised we would have suffering. But He also promised He would be right with us during the suffering, and that suffering will produce hope and character. Look at this shirt now. Does it look better? Yes! The heat and the pressure made the shirt better – it smoothed out all of the wrinkles.

In our verse today talks about how Jesus suffered. Even though it was hard and painful, His suffering had a purpose. Because of Jesus' suffering, we can have hope!



MEMORY VERSE

“For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God.” (1 Peter 3:18a)

INTRODUCTION

(Stand two children in front with their arms outstretched, leaving room for you to stand between them with your arms extended when you hold their hands.)

Can *(names of children helping you)* reach each other from where they are standing? *(Allow response.)* They are separated from each other with a large gap between them.

Without moving their feet, can they hold hands? Let's try. *(Have children try to reach each other without taking a step.)* They can't because they are too far apart. But what if I come between them and close the gap? *(Step between the children and take their hands.)*

Our memory verse today tells us about someone who closed a large gap for you and me.

PRESENTATION

(Read 1 Peter 3:18a from Bible). God the Holy Spirit inspired Peter to write this. Peter was one of Jesus' 12 disciples. He followed Jesus for three years then saw Jesus suffer and die. The 1 before Peter means this is the first of two letters Peter wrote that are in the Bible. Peter wrote this letter to people who were being mistreated because they believed in Jesus. He wanted to help them find hope even during some really hard times. These books are in the New Testament because they were written after Jesus died and rose again. Can you tell me what the 3 means? What about the 18? *(Allow responses.)* Our verse is from the book of 1 Peter, chapter 3 and verse 18. The “a” means this is the first part of the verse. So, all together the address or reference is 1 Peter 3:18a. Let's say just the address in a soft voice, a medium voice, and a loud voice. Let's read the verse together. *(Read with children from visual.)*

EXPLANATION

For Christ also suffered once for sins—Christ is another word for Messiah—the promised Savior. Jesus Christ, the perfect Son of God, suffered by being beaten, spit on, and then nailed to a cross. He died in this horrible way to take the punishment for your sin and mine.

the righteous for the unrighteous—Jesus is the only just (righteous) person who ever lived. He is the only one who always did what was completely right. You and I are unjust because we have sinned. We have all done things that are wrong. Sin keeps you away from God. It's a little like the gap between *(names of children in introduction)* but the gap sin makes between you and God isn't just a few feet; it's even bigger than you can imagine.

that he might bring us to God—Jesus made it possible for you and me to have our sins forgiven and have a close friendship with God. He is the only one who can close the gap sin has made between you and God.

Jesus Christ, God's perfect Son, suffered for your sins so you can have full acceptance by God and a friendship with Him that lasts forever.

APPLICATION

Saved: If you have believed in Jesus as your Savior, you have been made right with God through Jesus. You can come to God with confidence knowing Jesus paid for your past sins, your sins today, and the sins you will choose to do in the future. That doesn't mean you should live anyway you choose. The Bible is very clear that your life should be different once you believe in Jesus. Remember Jesus made the way for you to always be right with God, and God the Holy Spirit lives in you to help you live God's way.

Unsaved: If you have never believed in what Jesus did for you on the cross, there is still a gap between you and God. You are still separated from Him because of your sin. Jesus came to close that gap when He made the way for you to be forgiven. Will you believe in Jesus today, trusting in Him alone for the forgiveness of your sins?

INVITATION



Do you know that you have sinned? Do you know that Jesus died on the cross to take the punishment for your sin? Have you made the decision to put your trust in Him? The Bible says in Acts 16:31 *“Believe on the Lord Jesus and you will be saved.”* When you believe in Jesus, trusting that He died on the cross for your sins, you will be saved – rescued from sin’s punishment. God will change you on the inside, helping you love Him and obey Him each day. Will you turn from your sin and believe in the Lord Jesus today? Please bow your head and close your eyes. If you called on Jesus for the very first time today, or you want to talk to someone more about doing that, please show me by raising your hand. If you raised your hand, please meet me (*designate location*) and I’ll show you more from God’s Word how you can be saved.

REPETITION

Turn it Up

(Repeat the verse, starting in a whisper and crouched low. Each time you say the verse, speak a little louder and stand up a little more. The last time shout the verse while jumping up and down with your arms stretched as high/wide as they can go. Remind the children that this verse is something they can be excited about because they can come to God through Jesus!)

Sing Memory Verse Song “Christ Also Suffered”

ACTIVITY

Musical Chairs/Confession Role Play

Play a game of musical chairs using music from Good News Club. When someone gets out, have them draw a role play card out of the bag and read it. Each card will be an example of a sin and how you could pray to ask forgiveness for that sin

Example:. “I had a bad attitude after school and played around instead of doing my homework, even after my mom reminded me two times.” “Dear God, please forgive me for having a bad attitude and not doing what I was supposed to do. Help me to obey my mom the first time”

After you have done the cards given, ask if any of the students would like to make up a scenerio of their own.

MISSIONS STORY

The Burnhams Part 3



Do you remember the missionaries we are talking about? (*Allow response.*) Martin and Gracia Burnham. Do you remember where they were going as missionaries? (*Allow response.*) The Philippines!

Before they could start working in the Philippines, they had a lot of work to do. What do you think they had to learn before they could go to the Philippines? (*Allow response. Examples include learning a new language, how to build a home, how to help the people, etc.*)

Their first step was special training. Martin and Gracia learned about how people in other countries think and live. Part of their training was called “Jungle Camp.” They had to go to the woods, build their own house, and cook outside over a fire. For six weeks they slept in a tiny house made out of sticks!

One day Martin was gone for a pilot’s test and Gracia was told it was time to move from the woods back to the main camp. She had to do it all by

herself! She struggled and struggled with the load. She lifted all their things onto a raft and rowed them across a pond. Gracia had such a hard time, but finally she was done! Back at training school she complained to another woman about how hard it was to come back to the main camp by herself. Gracia was surprised to learn that the woman had the same thing happen to her. Only it wasn’t part of the training—it was in real life! Her husband had a heart attack in the jungle and had to be flown out in an airplane. She had to pack up all their belongings and bring them out of the jungle by herself. She had children to care for too! Now Gracia understood. God was helping her to be prepared. The training was hard, but it helped Gracia and Martin get ready for their work as missionaries.

Soon the Burnhams were ready to go to the Philippines. They would be away from home for a long time. It was hard for them to leave family and friends, but God helped them every step of the way.

In order for Martin and Gracia to go to the Philippines, they had to leave their house and their families. They had to learn a new language and learn to eat food we might think is gross. Even though preparing to be a missionary and leaving their home was hard, they chose to do this because they knew that following Jesus is more important than things being easy. Following Jesus is more important than *anything* else! When you love Jesus more than anything else, you will want to follow Him even when it’s hard.

How do you think God used Martin and Gracia to show His love to the Filipino people? (*Allow response.*) Next time we will find out.



SMALL GROUP / WONDER TIME

“Confess Your Sins”

Muddy Hands Object Lesson

(Rub dirt or mud on your hands before starting.) Are my hands dirty? *(Allow response.)*

(Hide your hands behind your back) They're not dirty now because they're behind my back and you can't see the dirt.

(When children tell you that your hands are still dirty, put on gloves.) There, now I can pretend like the dirt isn't there. I can keep doing what I want to do.”

Even though I have tried to cover my dirty hands or pretend they aren't dirty, the truth is they are still dirty! The only way they will be clean is if I use some soap and water to get the dirt off. *(Wash and dry hands.)*

If you have believed in Jesus to save you from your sins, there will be times when you still choose to sin—to go your own way instead of God's way. You can pretend what you did wasn't so bad, or try to hide your sin, but God knows about it and it can keep you from walking closely with Him. God tells us in His Word, *(read Proverbs 28:13a)*. If you try to hide your sin, you will not prosper (have success). You might feel like continuing to choose to sin doesn't matter as long as no one catches you. You might think that because Jesus forgave all your sin on the cross, it's okay to do whatever you want. But sin always has consequences. Even if it feels good in the moment, it always hurts you and others. When you believe in Jesus, you are no longer separated from God, and you will one day live with Him in His perfect home; your sin doesn't change that. But continuing to choose to sin does have serious consequences. It keeps you from living a life pleasing to God and it can make you feel far from Him.

You can't hide your sin from God. *(Read Psalm 90:8.)* God already knows about your sin. You may hide your sin from others, like I tried to hide my dirty hands, but God knows about it. And the longer you allow it to stay in your life, the more it will lead to sad consequences and get in the way of your walking closely with God.

If you have believed in Jesus, **when you choose to sin, you can confess your sins to God and receive His forgiveness.** God tells believers, *(read 1 John 1:9)*. To confess means you are sorry for your sin and agree with God that what you have done is wrong. When you confess your sin to God, He promises to forgive you and help you walk closely with Him. Thank God for His forgiveness and ask Him for help to say no to sin next time. Also, ask God to help you say you are sorry to anyone else who has been hurt by your sin.

Is there something you've been trying to hide from God? This week while you are spending time with God, ask Him to show you sin in your life that keeps you from walking closely with Him. When He shows your sin, confess it immediately, and thank God for His forgiveness. Ask for His help to say no to sin. Remember, He is faithful to forgive you!

Let's pray together and ask for God's help to live for Him and to walk closely with Him. *(Pray with children.)*

DISMISSAL

Hand out memory verse token to each child and encourage them to memorize the verse and bring the token back completed next week. Remind the kids they can talk to God anytime. He is always ready to listen and promises to forgive their sins.