

1 READ ABOUT IT!

"In Him [Jesus] you also, when you heard the word of truth, the gospel of your salvation, and believed in him [Jesus], were sealed with the promised Holy Spirit."

—*Ephesians 1:13*

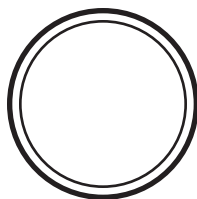
3 PRAY ABOUT IT!

Thank God you belong to Him! Thank Him for giving you the Holy Spirit as a sign that you belong to Him!

2 THINK ABOUT IT!

Many years ago people would seal (close) their letters in a special way. They would take a blob of hot wax and put it on the opening of the letter. Then they would take a special ring with a design in it and press it into the hot wax. It would seal the letter and show that what was inside was special. When you believe in Jesus as your Savior, God gives you the Holy Spirit as your Helper. This is God's way of saying, "This person is mine!" It is God's seal that says you are His!

If you were going to create a seal for a letter, what would it look like? Draw it below.

**Quiet Time**

WORD UP! The Holy Spirit is the Helper!

Keep working on your memory verse. Try to say it with your eyes closed each day, then read it and see how much you already know!

"For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures."

1 Corinthians 15:3-4

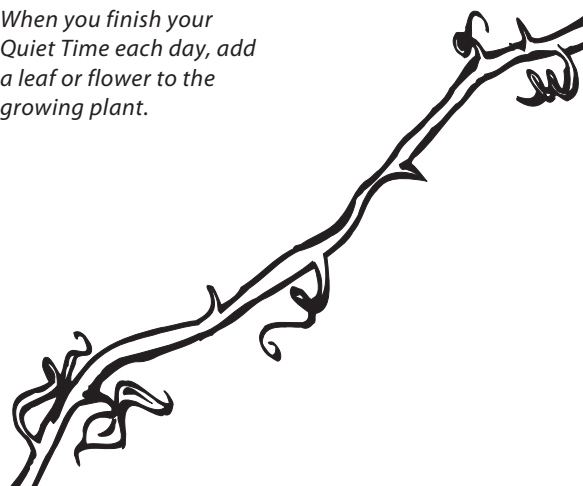
Fill in the blanks from your memory verse.
Try to do it without looking.

"For I _____ to _____ as of
_____ importance what I also _____:
that _____ for our _____
in accordance with the _____,
that he was _____, that he was _____
on the _____ in _____
with the Scriptures." **1 Corinthians __:3-4**

In club you learned that God sent the Holy Spirit to His disciples. God the Holy Spirit is with all who believe in Jesus. Each day this week you will read more about the Holy Spirit and how He helps those who believe in Jesus.

When you finish your Quiet Time each day, add a leaf or flower to the growing plant.

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!



Day 1 **READ ABOUT IT!**

"But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you."

Thank God for sending the Holy Spirit.

③ PRAY ABOUT IT!

—John 14:26

One of the things God the Holy Spirit does is help those who believe in Jesus. He helps us understand and remember God's Word. Before you read the Bible, ask God the Holy Spirit to help you understand what it says and to remember it even when your Quiet Time is over.

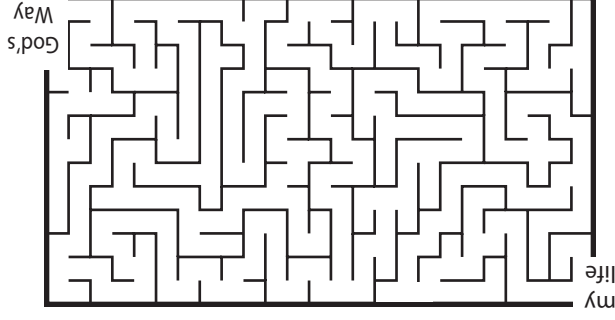
2 THINK ABOUT IT!

Unscramble the words to finish the sentence.

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The _____ Spirit helps me
_____ and _____
_____ God's _____.

God the Holy Spirit is always with those who believe in Jesus. After you believe in Jesus as your Savior, you will still live in the sinful world. There are many things in the world that will try and get you to go a sinful way instead of God's way. The Holy Spirit will help you understand when you read the Bible so you will go God's way instead of a sinful way.



Thank God that the Holy Spirit is with you. Ask God the Holy Spirit to help you go God's way each day and to understand the Bible.

③ PRAY ABOUT IT!

"Now we have received
not the spirit of the world,
but the Spirit who is
from God, that we might
understand the things
freely given us by God."

Day 2 **READ ABOUT IT!**

Day 3 **READ ABOUT IT**

"But the **fruit** of the Spirit is **love, joy, peace, kindness, goodness, faithfulness, gentleness** [kindness], self-control..." —Galatians 5:22-23

③ PRAY ABOUT IT!

Thank God for giving
the Holy Spirit. Ask Him
to help you live in a way
that shows the fruit of
the Spirit.

"Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words." —Romans 8:26

Day 4 **READ ABOUT IT!**

③ PRAY ABOUT IT!

When you believe in Jesus, the Holy Spirit comes to live inside you to help you grow and change to be more like Jesus. When you have the Spirit living in you, your life starts to change and you start to bear fruit. That means you start to live differently. This verse talks about some of the things the Holy Spirit helps to change in your life.

2 THINK ABOUT IT!

Find the bold words from the verse in the word search.

B	S	B	N	X	W	B	U	S	I
A	H	J	V	I	L	I	J	S	I
K	T	Z	R	T	J	O	W	E	Y
S	I	S	E	L	W	Z	V	N	L
P	U	N	Q	E	E	U	E	E	G
L	R	W	D	H	N	C	E	L	M
S	F	D	X	N	A	H	N	T	G
V	X	T	G	E	E	D	B	N	Q
S	C	H	P	W	J	S	O	E	D
O	B	D	D	X	J	G	S	G	P

Did you know the Holy Spirit helps you pray? That's what this verse is talking about. Sometimes you may not know the words to pray. Maybe you are sad or lonely or you don't know exactly what you are feeling. Maybe you want to pray for someone but you don't know the right words. The Holy Spirit prays for you as you pray. Even when you don't know what to pray, the Holy Spirit ALWAYS knows the words to say and He ALWAYS asks for the right thing.

② THINK ABOUT IT!

