

Stand on one foot and
say the verse

Stand on your tiptoes
and say the verse

Clap your hands
behind your back and
say the verse

Spin in circles and say
the verse

Jump in place and say
the verse

Stomp your feet and
say the verse

Do jumping jacks and
say the verse

March and say the
verse

Make up your own
action while saying the
verse

Run in place while
saying the verse

Pretend to ski while
saying the verse

Do lunges while saying
the verse