

**Clap your hands  
behind your  
back 4 times.**

**Do 3 jumping  
jacks with one  
eye closed.**

**Hop on one foot  
4 times and say  
your name.**

**Stand on 1 foot  
and quickly sing  
the ABCs.**

**Touch your ears  
and stomp your  
feet 5 times.**

**Hop 2 times  
and say your  
favorite color.**

**Clap your hands  
above your  
head 3 times.**

**Spin around 1  
time without  
making noise.**